



## PRESIDENT'S LETTER

Hello, you EWI of Omaha lovelies!

What a rollercoaster February was. From subzero temperatures and piles of snow to 60 degrees and sunshine, plus a Super Bowl that was far less than super for Chiefs fans (I'm still not ready to talk about it). February is also the month of love (or Ben & Jerry's and wine. Or so I've heard...), as well as Black History Month to honor the contributions, resilience and achievements of Black Americans throughout history, and Heart Health Awareness Month. That was the focus of our chapter meeting: showing some love to our hearts by improving our cardiac health. Many thanks to CHI for hosting us at the McAuley Center, complete with friendly nurses to give us blood pressure readings. Dr. Guneet Van de Graaff shared with us so much vital information and took the time to answer all our questions, and most importantly reminded us of the importance of self-advocacy. When it comes to your health and especially your heart health, it is not the time to sit back and put others first as women often do. Speak up to get the care you need right away. It could save your life.

For those who could not attend our chapter meeting, we made the exciting announcement that EWI of Omaha is hosting a regional forum April 4-5 with EWI of Des Moines and EWI of Kansas City. Several other regions host forums as sort of a mini-LCAM where chapters in nearby states gather and share ideas. Des Moines hosted us last year and it was a wonderful experience for both professional and personal development, plus it was a lot of fun! We look forward to taking the reins this year. We will be offering Saturday's program at no cost to attendees so if your firm would be able to provide snacks, drinks or lunch Saturday, or even merch to give to our guests, it would be very much appreciated. More info can be found in the Save the Date later in this newsletter but please mark your calendars and make plans to attend. We do have a discounted rate for Friday night at the Hilton Garden Inn in Aksarben if you would like to spend the night and have some extra fun with the group – I mean, team building. 🥰

Also, in the not-too-distant future is our ASIST banquet on May 21<sup>st</sup> and we are in need of a venue. If you have ideas for an upscale but budget-friendly venue that could seat about 50 people for dinner, please contact our ASIST committee chair, Kristin Gochenour at [kristing@omahasteaks.com](mailto:kristing@omahasteaks.com). We also need speaker ideas for the banquet so please send those her way as well.

The days are getting longer, the weather is getting warmer and as you can see, we have LOTS in store for spring! I am so glad that you will all be a part of it. Thank you in advance for your support!

Molly Murphy  
2024-2025 President  
EWI of Omaha

## 2024-2025 Officers and Directors

### President

Molly Murphy – Omaha Steaks  
[mollym@omahasteaks.com](mailto:mollym@omahasteaks.com)

### President-Elect

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### Secretary

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### Sergeant-At-Arms

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### Director At-Large

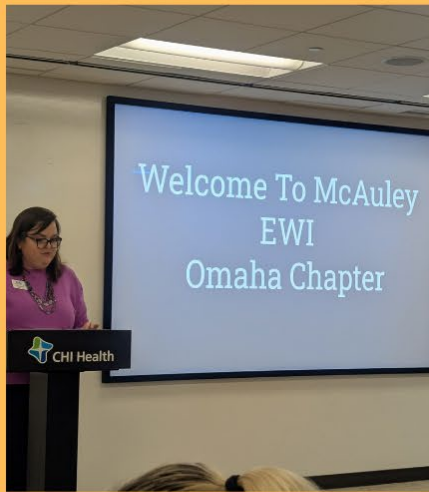
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### Board Advisor

Jordan Stocking – Burlington Capital  
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### Parliamentarian

Sharon Mize – Suzanne & Walter Scott Foundation  
[smize@swscottfdn.org](mailto:smize@swscottfdn.org)



Thank you to everyone who came out to our February Chapter Meeting! We were able to introduce and pin three of our new members, hear about Sharon Mize’s new firm, Suzanne & Walter Scott Foundation, and learn more about Kristin Gochenour through our Member Spotlight. A big thank you to Valencia Gammage and CHI Health for hosting and Dr. Van De Graff for her speech on heart health. We hope to see you next month at Pinnacle Bank!



We are collecting items for the ASIST Scholarship recipients' goodie bags. Please bring five of each item. We are looking for:

- school supplies
- gift cards
- company logo items

Please let us Kristin Gochenour know if you have any items to donate. Items will need to be collected before the banquet on May 21st.

Thank you!

## Mark Your Calendars!

EWI Board Meeting  
March 11, 2025  
5:30pm – Omaha Steaks

EWI Chapter Meeting  
March 26, 2025  
Pinnacle Bank

UPCOMING CHAPTER MEETINGS

March 26<sup>th</sup>

April 23<sup>rd</sup> – Business Meeting

May 21<sup>st</sup> – ASIST Banquet

# Newsletter Tidbits



Have you signed up yet?

You can raise funds for EWI of Omaha simply by buying gift cards from 750+ brands. Our chapter earns 2-20% from each card purchased! No extra money spent. No selling needed. It's that easy.

Click this [link](#) to register and learn more!



## Meeting Space

If your firm has space to accommodate an EWI of Omaha Chapter meeting and/or you would like to help with future meetings by joining the Programs Committee, please reach out to our Program Directors, Amy Ayer at [amy.ayer@hdrinc.com](mailto:amy.ayer@hdrinc.com) and Sheila Fitzgerald at [sheila@anewleafomaha.com](mailto:sheila@anewleafomaha.com).



## Got News?

Would you like to give kudos to a fellow member? Brag about an award you or a fellow member won? Is your firm hosting a special event? Spread the word in our newsletter! Email your newsletter submissions to Jordan Stocking at [jstocking@burlingtoncapital.com](mailto:jstocking@burlingtoncapital.com).

## Share Our News!

Forward a copy of the EWI of Omaha Connect to your Firm Executive and let them know how our chapter is promoting member firms, enhancing personal and professional development, and encouraging community involvement.

## Tell Us the News!

If you know of any EWI member who could use some support, please email Pam Yenke at [pyenko@accessbank.com](mailto:pyenko@accessbank.com).

# SAVE THE DATE

April 4-5, 2025

EWI MO-NE-IA  
REGIONAL FORUM

Omaha, NE

**FRIDAY, APRIL 4**  
**6PM**

Dinner at Jimi D's

6303 Center St, Omaha NE 68106

- Casual dinner, drinks and laughs to kick off the weekend!

**SATURDAY, APRIL 5**  
**8:30AM-3:00PM**

Regional Forum: Blue Cross & Blue Shield of Nebraska

1919 Ak-Sar-Ben Dr, Omaha NE 68180

- More details to come but there is **NO COST** for Saturday, plus breakfast, lunch and snacks will be provided.

Hosted By:

**PLEASE RSVP TO MOLLY MURPHY:**  
**MOLLYM@OMAHASTEAKS.COM**



Book your hotel at the special EWI rate with this link:

Hilton Garden Inn - Aksarben Village  
6737 Frances St, Omaha NE 68106

# ***EWI of Omaha***

## ***Member Firms and Representatives***

- |   |  |
|---|--|
| <p><i>A New Leaf – Sheila Fitzgerald</i></p> <p><i>A View Venues – Britney McLaughlin</i></p> <p><i>Access Bank – Pam Yenko</i></p> <p><i>Agile Mindfulness – Nora Plambeck</i></p> <p><i>Bankers Trust Company – Angie Peters</i></p> <p><i>Bland &amp; Associates, PC – Hilary Allen, Diana Busche</i></p> <p><i>Blue Cross and Blue Shield of Nebraska – Susan Hussey</i></p> <p><i>Borsheims – Chris Buckingham</i></p> <p><i>Burlington Capital – Jordan Stocking, Ruth Utman</i></p> <p><i>CHI Health – Valencia Gammage</i></p> <p><i>CQuence Health – Felicia Vasser</i></p> <p><i>Elegant Edge Events – Natalie Kotrc</i></p> <p><i>Elevate Growth Leadership Coaching – Tracy Winkler</i></p> <p><i>Green Plains Inc. – Lindsay Christiansen</i></p> <p><i>HDR – Amy Ayer</i></p> <p><i>Hemphill Search Group – Susie Hemphill</i></p> <p><i>Lund Company, The – Jessica Diamond, Jonna Radtke</i></p> <p><i>Marriott Downtown at the Capitol District – Karlie Van Meter</i></p> <p><i>McFarlin &amp; Brokke, P.C. – Melissa Travis</i></p> <p><i>Medica – Julie Pendegraft</i></p> <p><i>MK Swan, Inc. – Melissa Swan</i></p> | <p><i>Omaha Steaks – Kristin Gochenour, Molly Murphy</i></p> <p><i>Outlook Collaborative – Lori Mitera, Susanne Waltermeyer</i></p> <p><i>Outlook Enrichment – Nina Rongisch</i></p> <p><i>Pinnacle Bank – Alisha Nash</i></p> <p><i>Power UP Leadership Coaching – Sandy Spady</i></p> <p><i>Signature Performance – Stacie Robertson</i></p> <p><i>Sunflower Advisors – Amy Bodenner</i></p> <p><i>Streck – Alexis Boyd</i></p> <p><i>Sunflower Grant Writers – Katie LeDoux</i></p> <p><i>Suzanne &amp; Walter Scott Foundation – Sharon Mize</i></p> <p><i>Talking Rain – Kristen Long</i></p> <p><i>United Republic Bank – Anne Riley</i></p> <p><i>WoodmenLife – Serita Kyle</i></p><br><p><i>Life Members – Jane Allamong, Carol Armstrong, Patty Bain, Cathy Bodammer, Sue Burkhard, Loy Flanagan, Lenore Honke, Sally Komrofske, Cheryl McCall, Patty McElderry, Ellie Morrow, Janet Schawang</i></p> |
|---|--|

### Executive Women International® Corporate Office

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#### Our Mission

Executive Women International (EWI) brings together key individuals from diverse businesses for the purpose of promoting member firms, enhancing personal and professional development, and encouraging community involvement.



#### Our Vision

To enhance professional growth and development within a diverse group of women while empowering them to make a difference as they inspire others.

#### Our Values

Integrity | Excellence | Respect | Collaboration