



PRESIDENT'S LETTER

Happy Summer, EWI of Omaha!

Our June chapter meeting was quite the change of pace. Cecile Haque from Cecile Classical Pilates spoke to us about the history of Pilates and how it helps strengthen your mind and confidence, not just your core. But she still had to teach us a few core-rocking exercises. I had to play photographer but my abs hurt just watching it! We also shined the spotlight on LCAM and awarded our chapter's registration scholarship to Susanne Waltermeyer. Congratulations! Susanne has been a faithful member for 9 years but has yet to attend LCAM. I am so excited for her to have this opportunity. We have an impressive delegation of 10 already registered but there is still time for you if you have not done so. It is such an inspiring and empowering experience, plus we have a lot of fun!

For those who could not attend the meeting and/or missed the news on our social media, our Reading Rally was a rousing success. It even drew attention from EWI Corporate! Thanks to your support and generosity, we donated 369 books to the Florence M. Lakin Child Development Center at MICAH House to help the families they serve. They were absolutely thrilled, especially considering the bookshelves were basically empty before last year's Reading Rally. Now they might need more bookshelves! Thanks to Natalie Kotrc for her help coordinating and to all of you who donated.

I look forward to seeing you all at our next chapter meeting on July 23. It will be a fun one as we go back to school with EWI 101. We are mixing it up and running our own program to help our newer members learn more about who we are and what we do. This will also be a great opportunity for our more "seasoned" members to have a refresher course as well as offer their own input on what we could be doing better. Don't miss it!

Get some deserved rest over the holiday weekend and have a safe and Happy 4th of July!

Stay cool, my friends!

Molly Murphy
2024-2025 President
EWI of Omaha

2024-2025 Officers and Directors

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Our June meeting was on the move! Cecile Haque from Cecile Classical Pilates spoke to us about the history of Pilates and then taught us some exercises that literally rocked us to our core. Thanks to Outlook Nebraska for hosting and to A Catered Affair for fueling us with a healthy salad dinner. We also shined the spotlight on LCAM and Lindsay Christiansen shared her experiences before we awarded our Board's LCAM registration scholarship to Susanne Waltermeyer. We also officially welcomed Britney McLaughlin from A View Venues to our chapter, which seemed timely since the Save the Dates went out for our Dollars for Scholars fundraiser on August 27 hosted by her firm's venue, A View on State. It's going to be a busy summer!



Mark Your Calendars!

EWI Board Meeting
 July 8, 2025
 5:30pm – Omaha Steaks

EWI Chapter Meeting
 July 23, 2025
 Banker’s Trust

UPCOMING CHAPTER MEETINGS

July 23rd
 August 27th
 September 24th

Since many could not attend our meeting, here is the inspiration Susanne gave. We could all benefit whether you are a Gen Xer or not!

I've been diving into some reading lately about self-neglect vs. self-care and let's be honest, Gen X women: we've practically mastered the art of putting ourselves dead last. We're the ultimate "sandwich generation," juggling kids, aging parents, full-time careers – and somehow expecting ourselves to carry it all without skipping a beat.

We were raised to be strong, independent, push-through-no-matter-what women. Asking for help? Not in our vocabulary. But here's the thing: that "power through" mentality? It's exhausting – and it's catching up with us.

Self-care isn't just about bubble baths and green smoothies (though we're not saying no to those!). It's about rest. Boundaries. Saying "no" without guilt. Recharging without apology. Because taking care of ourselves isn't a luxury – it's essential.

So today, let's flip the script. Let's trade the burnout badge for a little breathing room. Let's remember that joy, peace, and time for us aren't extras – they're the fuel that keeps us going.

You deserve rest. You deserve space. You deserve to thrive—not just survive. And that, my friends, is worth celebrating.



Trivia

Dollars for Scholars

Trivia Night

*Benefiting the Adult Students in Scholastic Transition (ASIST)
Scholarship Fund*

Wednesday, August 27, 2025

5:00pm – 8:00pm

A View on State

13467 State Street

Omaha, NE 68142

DID YOU KNOW?



EWI of Omaha is hosting our first annual Dollars for Scholars Trivia Night fundraiser at A View on State. The evening will feature seven rounds of trivia and a presentation from a previous Scholarship winner.

This is a very special evening where we invite our friends and colleagues to attend, sponsor a round, and/or donate for the silent auction for an evening of trivia and our “Dollars for Scholars” silent auction to raise funds for our Adult Students in Scholastic Transition (ASIST) scholarship program. Our goal this year is to raise over \$30,000 to support our ASIST scholarships and the Darlis Vauble Memorial Scholarship.

For 63 years, EWI of Omaha has awarded college scholarships to Omaha area, non-traditional students who wish to further their education and improve their lives. Recipients are typically single parents, individuals just entering the workforce or displaced workers. All contributions received will be used to support EWI of Omaha’s ASIST scholarship program. EWI is a tax-exempt, 501(c)(3) organization, Tax ID #94-6076982.

For more information and form, go to www.ewi-omaha.org/donate or reach out to Anne Riley, at 402.916.1412 or ariley@unitedrepublic.bank

Newsletter Tidbits



Have you signed up yet?

You can raise funds for EWI of Omaha simply by buying gift cards from 750+ brands. Our chapter earns 2-20% from each card purchased! No extra money spent. No selling needed. It's that easy.

Click this [link](#) to register and learn more!



Meeting Space

If your firm has space to accommodate an EWI of Omaha Chapter meeting and/or you would like to help with future meetings by joining the Programs Committee, please reach out to our Program Directors, Amy Ayer at amy.ayer@hdrinc.com and Sheila Fitzgerald at sheila@anewleafomaha.com.



Got News?

Would you like to give kudos to a fellow member? Brag about an award you or a fellow member won? Is your firm hosting a special event? Spread the word in our newsletter! Email your newsletter submissions to Jordan Stocking at jstocking@burlingtoncapital.com.

Share Our News!

Forward a copy of the EWI of Omaha Connect to your Firm Executive and let them know how our chapter is promoting member firms, enhancing personal and professional development, and encouraging community involvement.

Tell Us the News!

If you know of any EWI member who could use some support, please email Pam Yenke at pyenko@accessbank.com.

EWI of Omaha

Member Firms and Representatives

A New Leaf – Sheila Fitzgerald

A View Venues – Britney McLaughlin

Access Bank – Pam Yenko

Agile Mindfulness – Nora Plambeck

Bankers Trust Company – Angie Peters

Bland & Associates, PC – Hilary Allen, Diana Busche

Blue Cross and Blue Shield of Nebraska – Susan Hussey

Borsheims – Chris Buckingham

Burlington Capital – Jordan Stocking, Ruth Utman

CHI Health – Valencia Gammage

Elegant Edge Events – Natalie Kotrc

Green Plains Inc. – Lindsay Christiansen

HDR – Amy Ayer

Hemphill Search Group – Susie Hemphill

Lund Company, The – Jessica Diamond, Jonna Radtke

Marriott Downtown at the Capitol District – Karlie Van

Meter

McFarlin & Brokke, P.C. – Melissa Travis

MK Swan, Inc. – Melissa Swan

Omaha Steaks – Kristin Gochenour, Molly Murphy

Outlook Collaborative – Lori Mitera, Susanne Waltermeyer

Pinnacle Bank – Alisha Nash

Power UP Leadership Coaching – Sandy Spady

Signature Performance – Stacie Robertson

Stratum Live Event & Productions – Tori Anderson

Sunflower Advisors – Amy Bodenner

Sunflower Grant Writers – Katie LeDoux

Suzanne & Walter Scott Foundation – Sharon Mize

Talking Rain – Kristen Long

United Republic Bank – Anne Riley

WoodmenLife – Serita Kyle

Individual Member – Cindy Brickey

Life Members – Jane Allamong, Carol Armstrong, Patty Bain, Cathy Bodammer, Sue Burkhard, Loy Flanagan, Lenore Honke, Sally Komrofske, Cheryl McCall, Patty McElderry, Ellie Morrow, Janet Schawang

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Our Mission

Executive Women International (EWI) brings together key individuals from diverse businesses for the purpose of promoting member firms, enhancing personal and professional development, and encouraging community involvement.



Our Vision

To enhance professional growth and development within a diverse group of women while empowering them to make a difference as they inspire others.

Our Values

Integrity | Excellence | Respect | Collaboration