



CONNECTIONS | CAREERS | COMMUNITY

February Chapter Meeting

You are invited to attend our monthly meeting. Guests are encouraged!



Wednesday, February 25th



**5:30 registration & networking
6:00 introductions & dinner
6:30 program**



**Bankers Trust,
19202 Davenport St
Elkhorn, NE 68022**



Rebecca Pearson is a seasoned executive, entrepreneur, and educator with extensive experience in senior leadership. She spent many years at ExxonMobil serving at the C-suite level, leading complex organizations through strategic growth and transformation. Now based in Lincoln, Nebraska, she is the owner of an all-sports talk radio station, where she successfully reversed downward performance trends, and she also serves as an adjunct professor at the University of Nebraska–Lincoln teaching entrepreneurship.

For this EWI meeting, Rebecca Pearson will present on women's health, with a specific focus on disordered eating and developing a healthier mindset around body image. Her presentation highlights key milestones in that journey, including the power of community and support, understanding the brain's dopamine-driven reward and survival mechanisms, and how intentionally changing habit reward structures can lead to lasting, sustainable change.

\$30/person, RSVP due February 18th!

